

TIP FROM THE TEE PEE

THOSE WONDERFUL LITTLE 'HANDY WIPES'

THERE ARE MANY USE'S OF THOSE HANDY WIPES...THEY
COULD BE USED AS...

A WASH CLOTH - A HAND TOWEL - A DISH TOWEL -
A POT HOLDER - EVEN A CLOTH TO COVER YOUR MOUTH
AND NECK WHEN IT GETS VERY COLD.

HOW ABOUT A CLOTH FOR FIRST AID DIRECT PRESSURE.
IN A PINCH, A HANDKERCHIEF...

A MOP TO CLEAN OUT THE TENT BOTTOM...

RUN OUT OF TOILET PAPER? USE A HANDY WIPE...

WHEN IT SNOWS IN THE WINTER, PLACE SOME CLEAN
SNOW IN A HANDY WIPE & LET IT MELT, AND YOU'VE
GOT FRESH WATER...KOOL !!!

I'LL BET YOU CAN THINK OF DOZENS MORE USE'S...

ANYWAY, THESE ARE SOME OF MY THOUGHTS ON THOSE
LITTLE HANDY WIPES...

THIS IS HOW THE INDIANS USED TO DO IT...KINDA !!

**TIP FROM THE TEE PEE
WILDERNESS SURVIVAL / SEARCH AND RESCUE**

FIRE MAKING ITEMS IN BAND-AID BOX

**2 BAND AIDS
COTTON BALLS
STRING FROM SCOUT-WEB BELT
GAUZE BANDAGE
SMALL METAL-WIRE-RING HANDSAW
ALUMINUM FOIL
METAL HOT SPARK & SMALL HACKSAW BLADE
4 - 3" X 5" PAPER FILE CARDS
2 SMALL PENCILS (FUZZ STICKS & NOTES)
SMALL BOX WATERPROOF MATCHES / WITH CANDLE
6 FT. SMALL TWINE WRAPPED AROUND BOX / RUBBER BAND
SMALL MAGNIFYING GLASS**

**P.S. THE MOST IMPORTANT ITEM TO BE USED NOT IN
THE KIT...**

YOUR BRAIN !!!

**THE INDIANS USED THIS ALL THE TIME...KINDA !!
HEY, WOULD AN INDIAN LIE? (WELL...KINDA !)**

TIP FROM THE "TEE PEE"

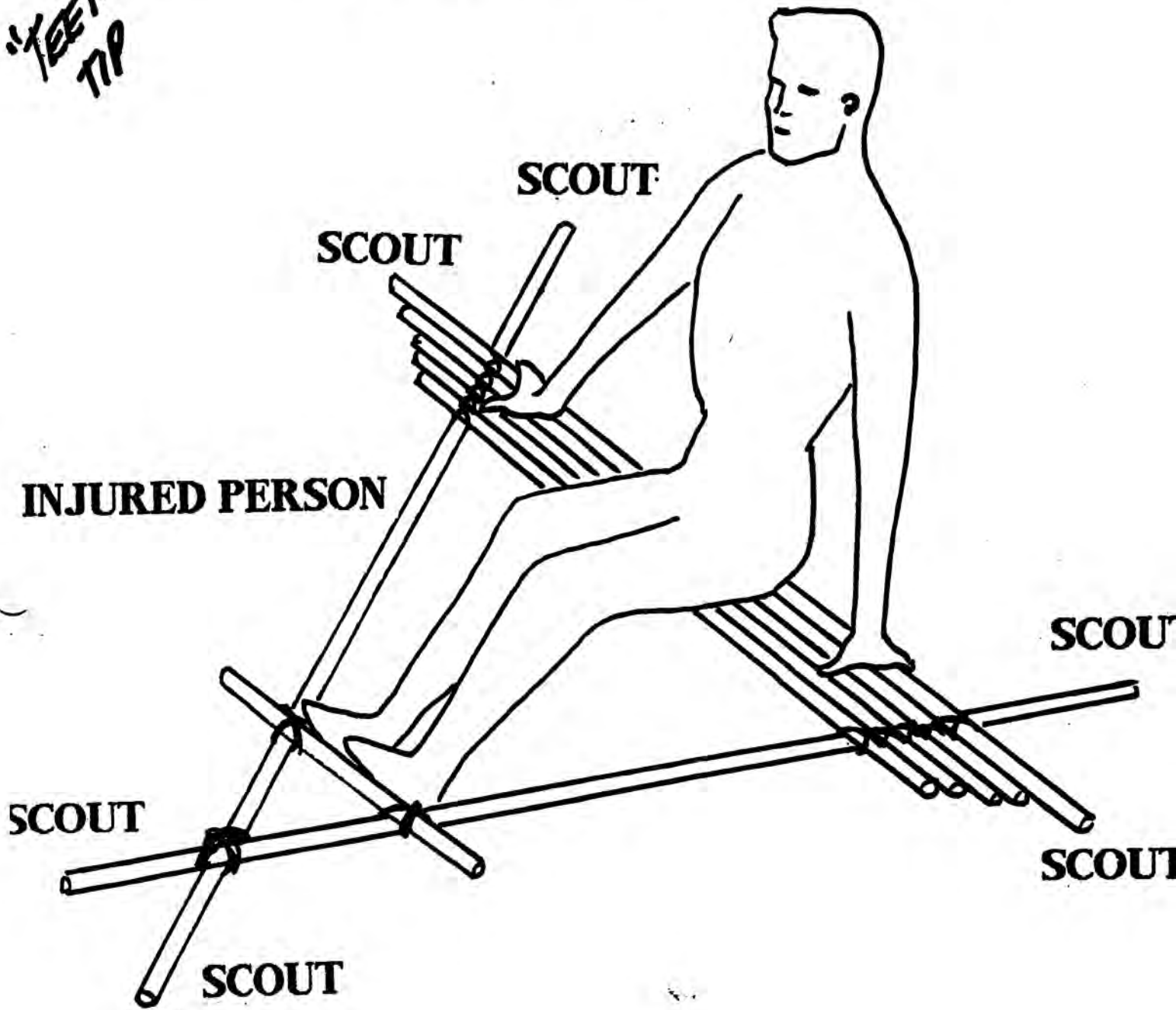
"FRONT PACK" ITEMS

(PUT NAME ON PACK)

1. MAP & COMPASS
2. BINOCULARS
3. CANDY -- GUM
4. SUN GLASSES
5. SAFETY PINS
6. TICK EXTRACTOR
7. SUN TAN LOTION
8. LIP BALM
9. MONEY
10. EXTRA PAIR OF SOCKS
11. WATER PURIFICATION TABLETS
12. PAD & PENCIL
13. SIGNAL MIRROR
14. SMALL FLASHLIGHT
15. 6' ROPE
16. 3' DUCT TAPE
17. WATERPROOF MATCHES & STRING
18. TOILET PAPER & "WET ONES" PACKET

METHOD FOR CARRYING HEAVY PERSON

"KEEPER TIP"



LASH SCOUT STAVES TOGETHER... PLACE INJURED PERSON ON STAVES...

6 SCOUTS LIFT PERSON

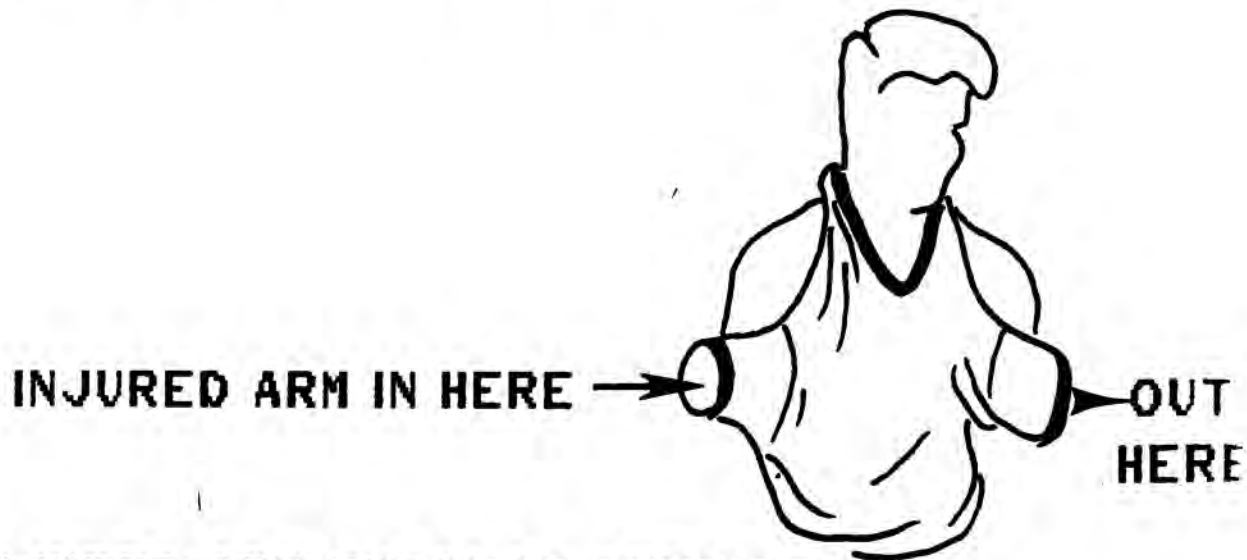
Would an Indian lie?

NE II-72

TIP FROM THE TEEPEE ON TEES

"TEE" SHIRT SLING

1. PUT "TEE" SHIRT ON OVER HEAD AND AROUND NECK
2. DO NOT PULL DOWN BEHIND BACK OR INSERT ARMS IN SLEEVES IN NORMAL WAY



3. INSERT INJURED ARM THROUGH OUTSIDE SLEEVE OPENING - ACROSS CHEST - OUTSIDE OPPOSITE SLEEVE OPENING -



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REMEMBER: MOST ACCIDENTS CAN BE PREVENTED!

TIP FROM THE 'TIP FEET'

PAC - MAN BACKPACKING GIMMICKS ALUMINUM FOIL

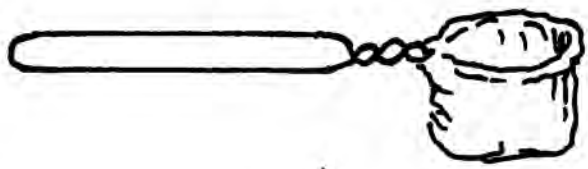


CUP

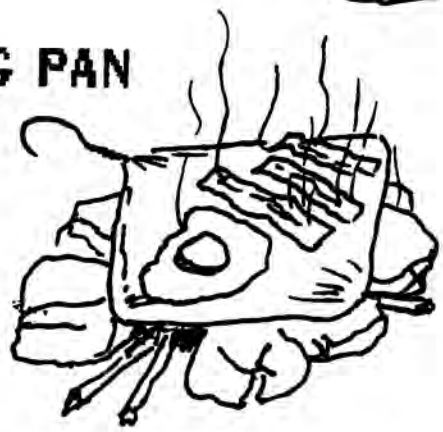


WIRE HANGER

CUP



FRYING PAN



TONGS



LONG HANDLED FORK



TIP FROM THE "TEE PEE"

B. S. A. HEATAB SET

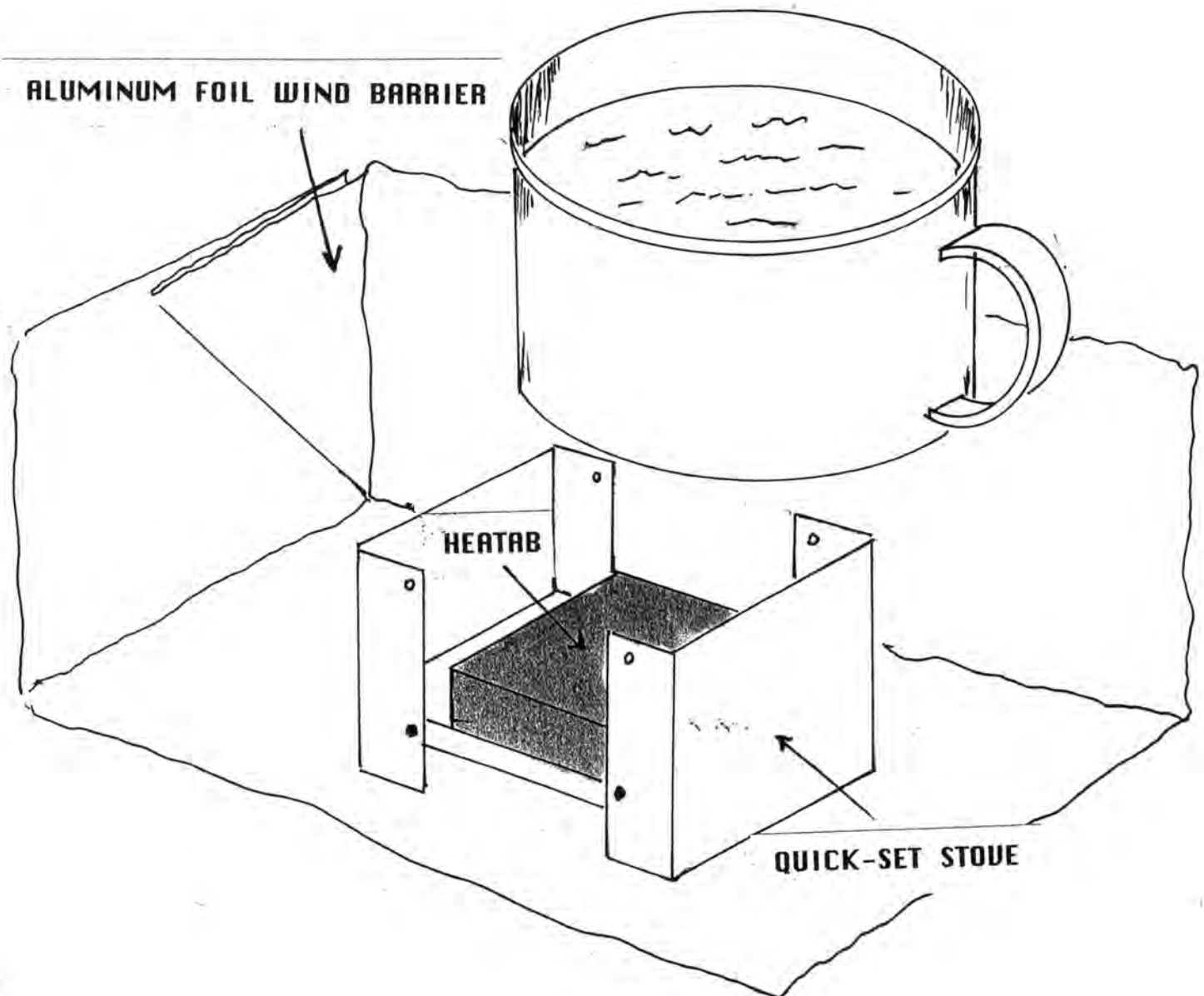
A QUICK WAY TO HAVE A HOT DRINK WHILE ON THE TRAIL IS TO USE THE HEATAB STOVE... YOU DON'T NEED TO CARRY A PROPANE STOVE OR MAKE A WOOD FIRE TO HEAT UP YOUR DRINK.

IT'S EASY !! AND THE BEST THING IS, THERE'S NO MESS TO CLEAN-UP.

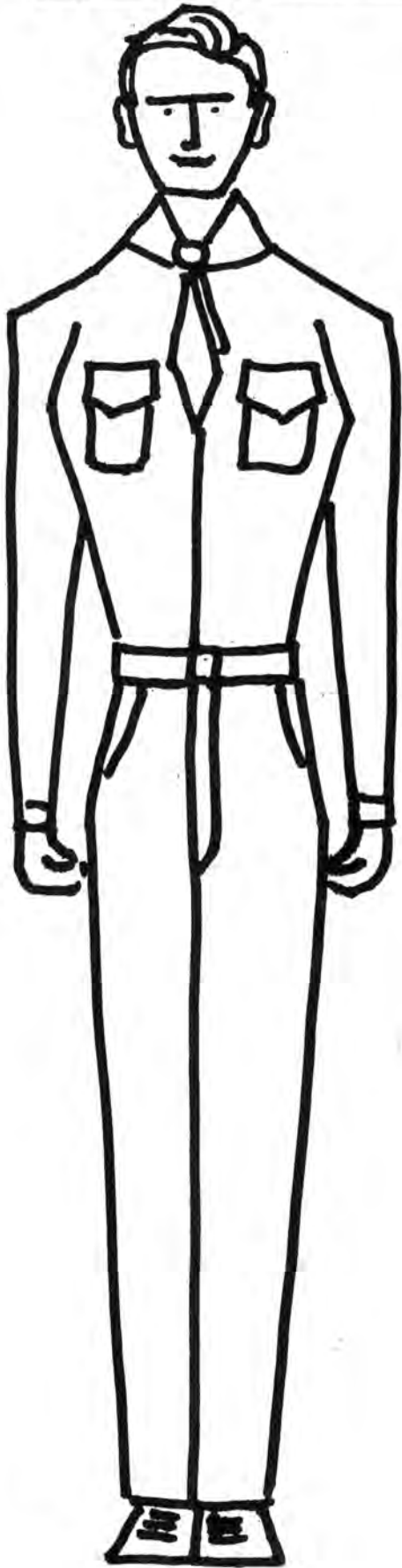
PUT THE HEATAB SET & MATCHES IN A ZIP-LOCK BAG.

YOU CAN PURCHASE THIS SET AT YOUR B.S.A. SUPPLY STORE

GOOD FOR HOT CHOCOLATE, TEA, COFFEE OR A CUP-A-SOUP.



"WEARABLE" FIRST AID ITEMS



<u>MIND</u>	WHAT NEEDS TO BE DONE!
NECKERCHIEF	SLING - CARPET BANDAGE
"TEE" SHIRT	SLING - BANDAGE - PADDING
SHIRT	SLING - STRETCHER
JACKET	WARMTH - PILLOW
ARMS	CARRIES
BELT	STRAPING
HANDS	DIRECT PRESSURE - CARRIES
HANDKERCHIEF	TIEING - PADDING - BANDAGE
COMB	FINGER SPLINT
PANTS	FLOTATION - STRETCHER
SOCKS	PADDING
SHOES	SUPPORT FOR ANKLE
SHOE LACE'S	TIEING

SPORK

TIP FROM
THE "TEE PEE"

Backpacker's Spoon/Fork

to make a fork using your spoon....

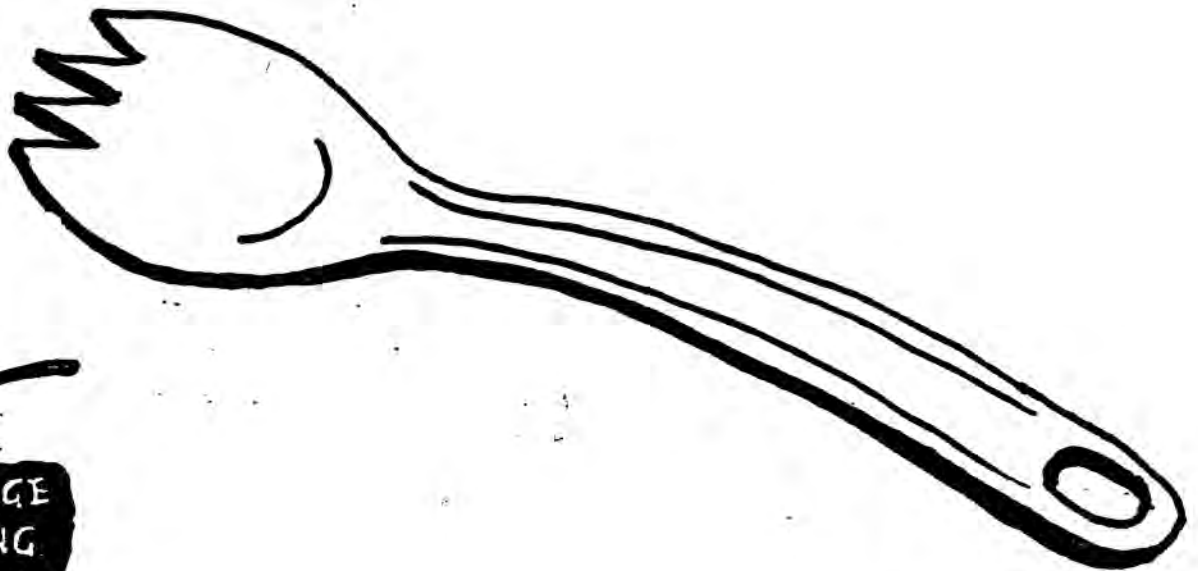
use a hacksaw to cut 3 "V" shaped notches

in the front of a B. S. A. Vitt-L-Kit spoon

then smooth out rough spots with

emory cloth ---

(to cut food use your pocketknife)

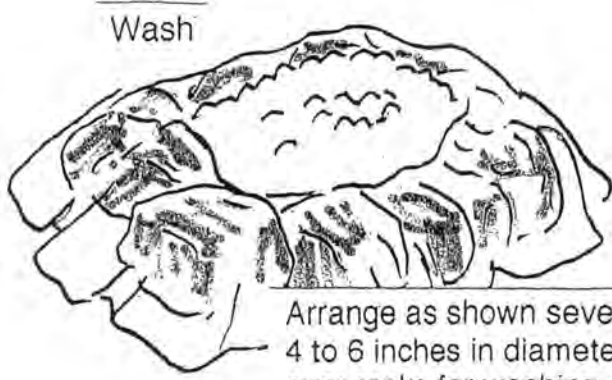


LAWN LEAF BAG FOR EASY CAMPING

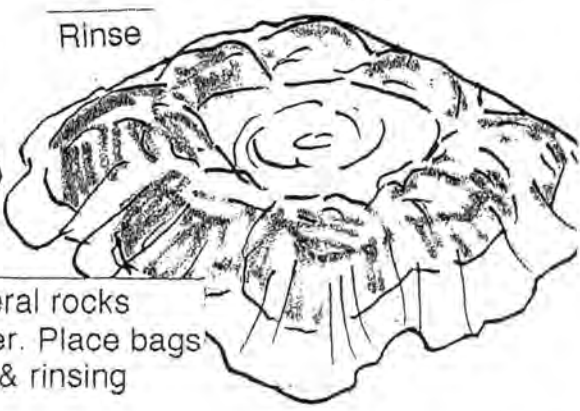
"TIP" TIP



Bear Bag



Wash

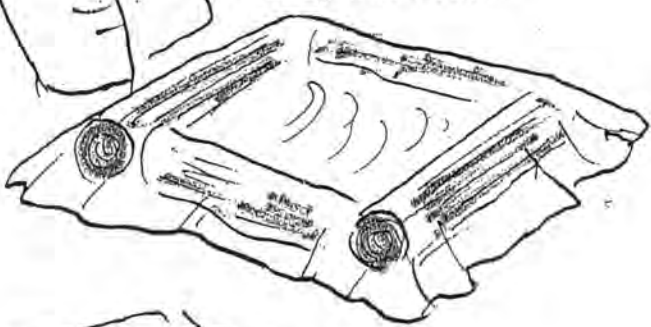


Rinse

Arrange as shown several rocks 4 to 6 inches in diameter. Place bags over rocks for washing & rinsing



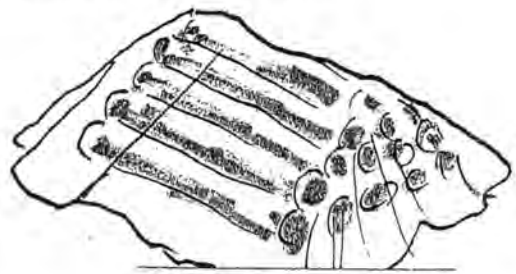
Handy wash basin



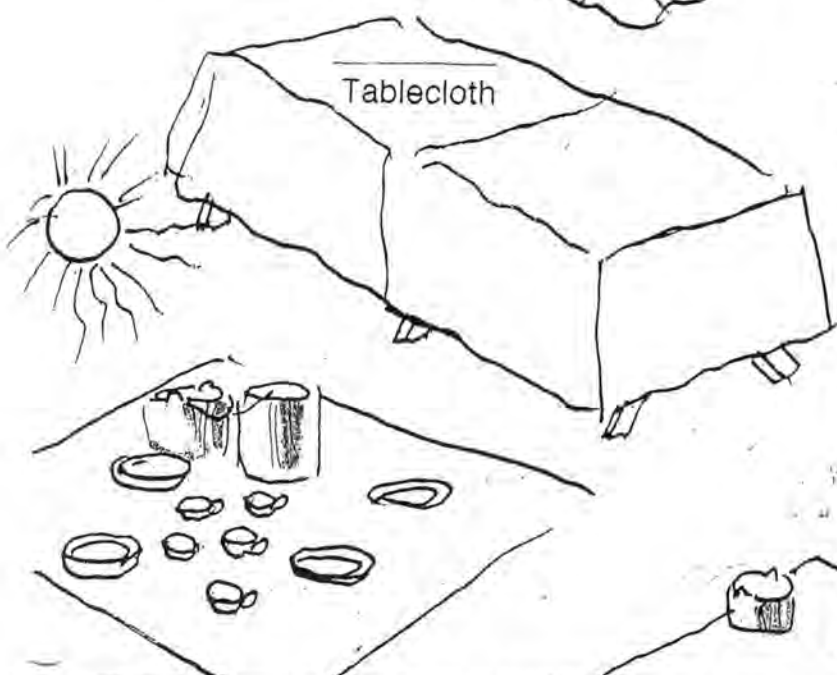
Wash

Rinse

Scoop out shallow hole in the sand and place bags over holes



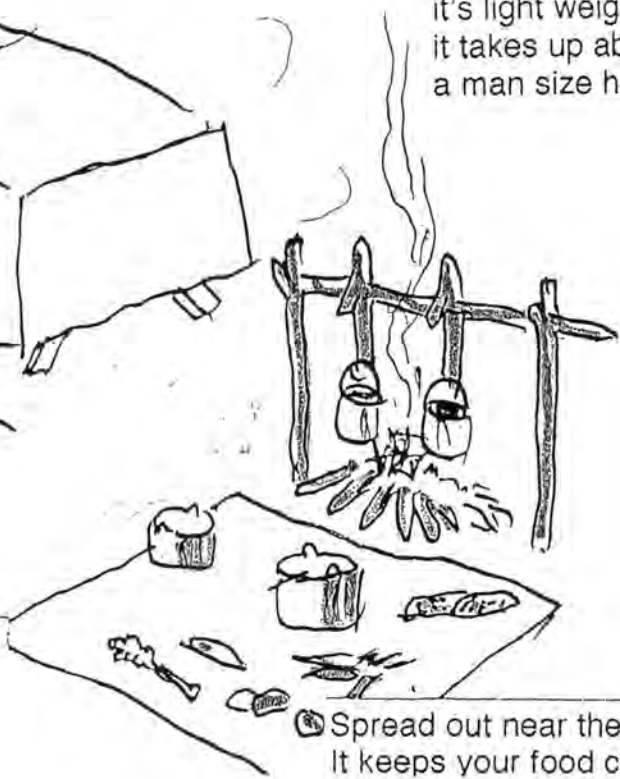
Cover over wood pile



Tablecloth

A lawn leaf bag is handy for camp it's light weight, easy to clean, it takes up about the same space as a man size handkerchief & costs lit

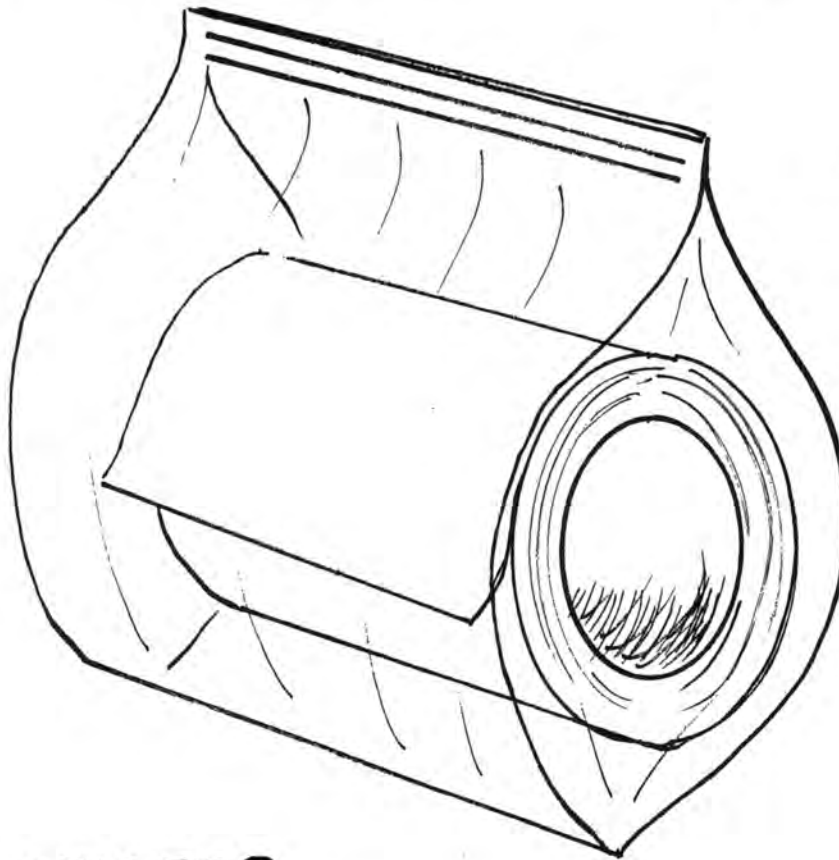
A spot for your dishes to dry in the sun



Spread out near the fire for cooks. It keeps your food clean & within easy reach

V.I.P.

VERY IMPORTANT PAPER



TOILET PAPER
IN
ZIP LOCK
BAG

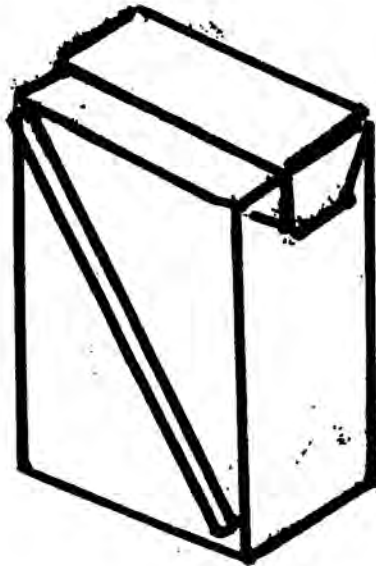
REMEMBER...

YOU ARE RESPONSABLE FOR
YOUR OWN V.I.P.

TOP FROM THE TOP

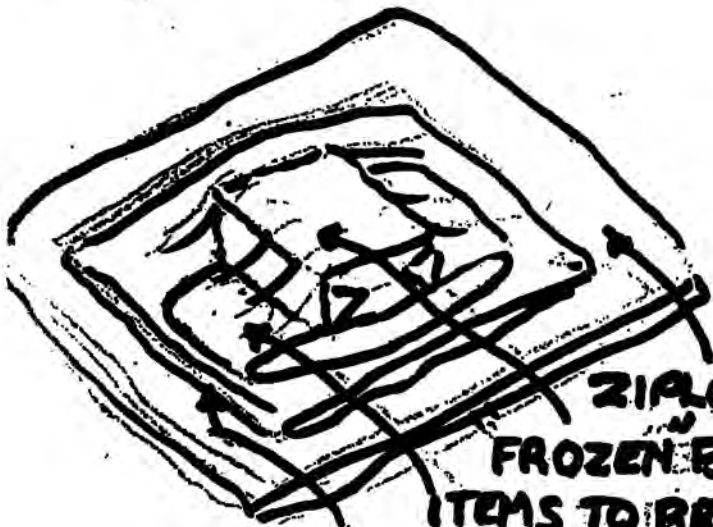
BACKPACKERS "ICE" BOX

①



**FREEZE SOFT DRINK
(HALF PINT BOX)**

②



DAY OF HIKE, REMOVE BOX

**PLACE IN ZIPLOCK BAG
WITH ITEMS TO BE KEPT
COLD - WRAP IN PAPER
TOWEL - WHEN BOX THAW
ENJOY THE DRINK!**

**ZIPLOCK BAG
FROZEN BOX
ITEMS TO BE KEPT COOL
PAPER TOWELS / TOP & BOTTOM**

TEE PEE TIP

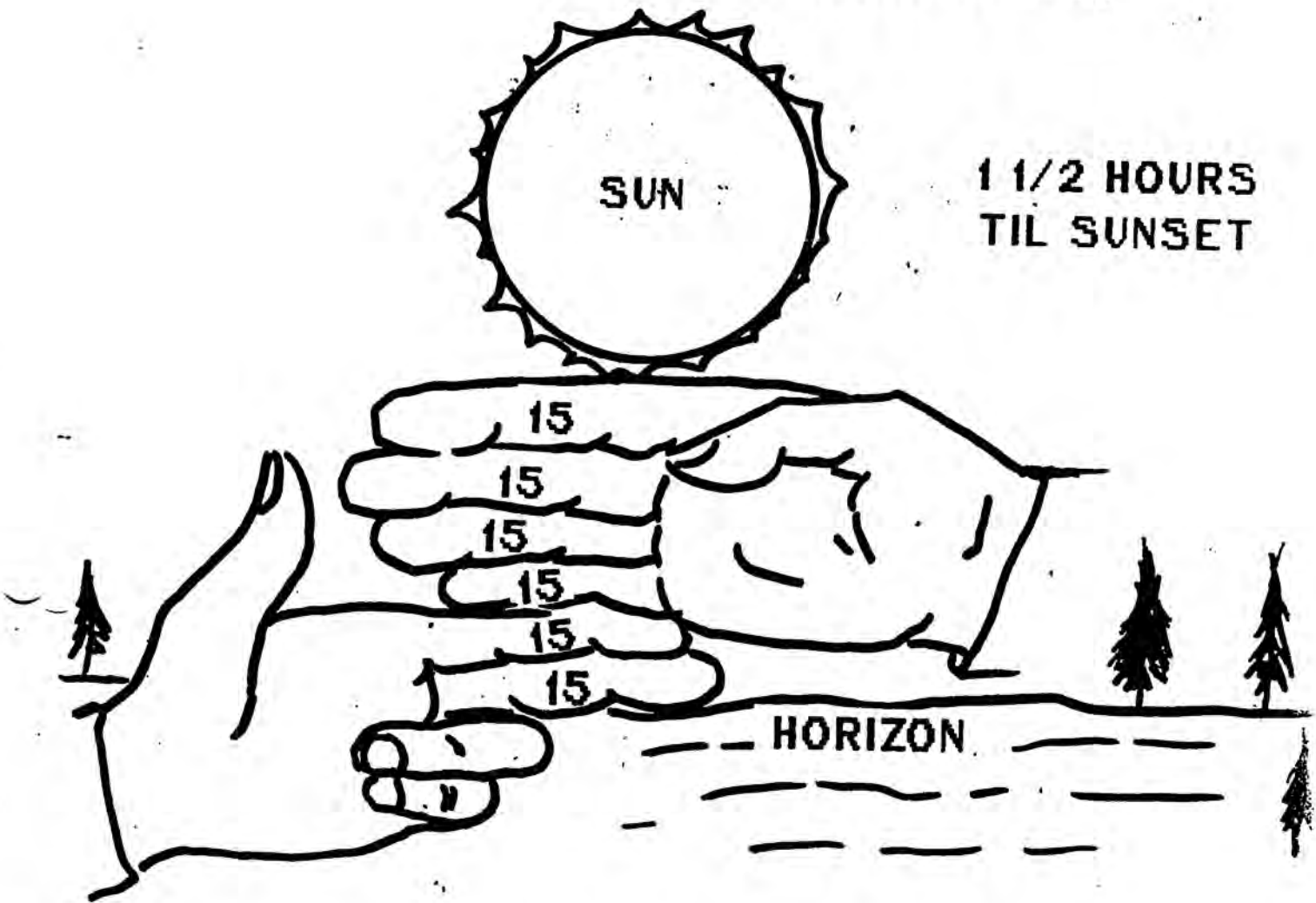
38 ITEMS IN MESS KIT

1. FRY PAN
2. DISH
3. POT
4. CUP
5. SWEET & LOW PACKET
6. SUGAR PACKET
7. BAND AID
8. COTTON
9. SEWING KIT
10. TEA BAG
11. SALT
12. PEPPER
13. TOOTH PASTE
14. CATSUP PACKET
15. MATCHES
16. CANDLE
17. BULLION CUBE
18. CANDY
19. HOT COCOA PACKET
20. OATMEAL PACKET
21. COFFEE
22. MAGNIFYING GLASS (To start fire)
23. SCRUBBY - SPONGE
24. BAR OF SOAP
25. DENTYNE GUM
26. ALUMINUM FOIL
27. "SPORK"
28. CAN - OPENER - SPOON
29. BEADED CHAIN & HOOK
30. CHAIN SAW
31. GARBAGE BAG
32. WET ONES PACKET
33. HANDY WIPE
34. DENTAL FLOSS
35. TWEEZERS
36. LIP BALM
37. PENCIL
38. SHOWER CURTAIN RING

Tip from the Teepee

Using Nature

the Indian way



- EXTEND ARMS TO FULL LENGTH
- PLACE FINGERS BETWEEN BOTTOM OF SUN & HORIZON
- EACH FINGER REPRESENTS 15 MINUTES UNTIL SUNSET

really works !

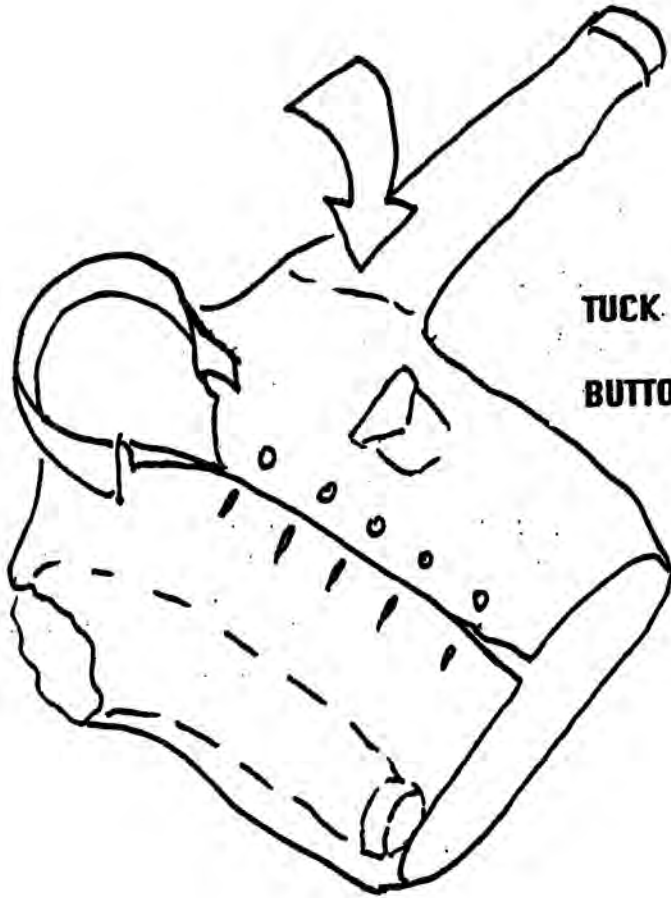


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Would an Indian lie?

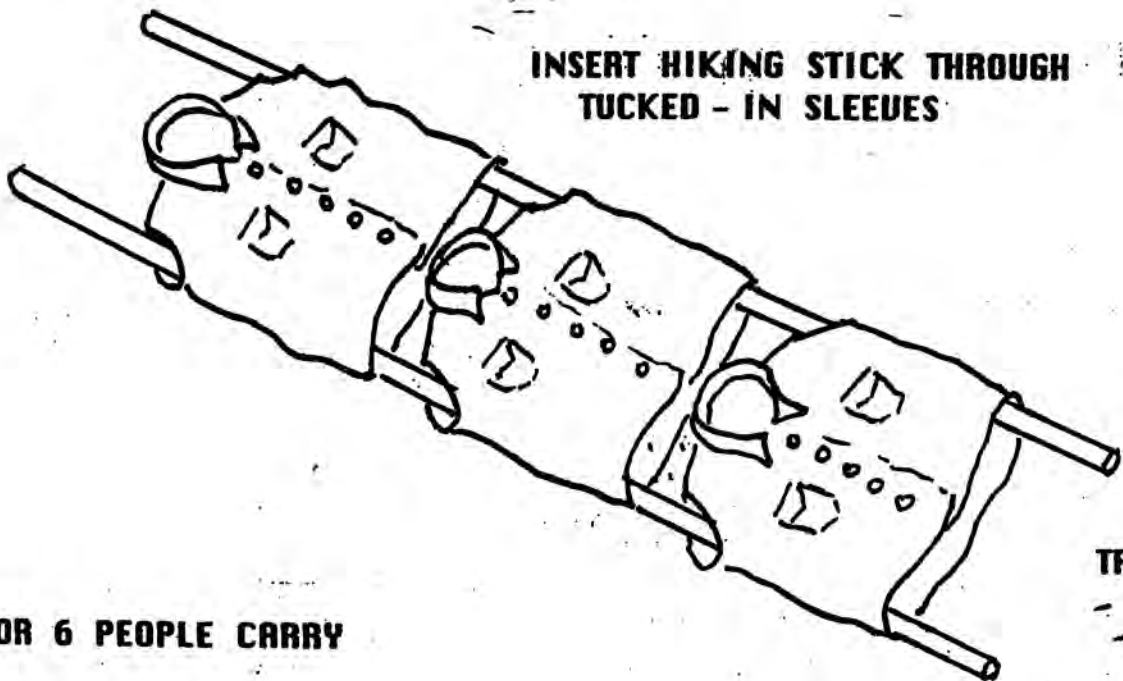
TIP FROM THE TEE - PEE

**COAT & HIKING STICK
EMERGENCY STRETCHER**



TUCK SLEEVES INSIDE COAT

BUTTON COAT TO TOP



**INSERT HIKING STICK THROUGH
TUCKED - IN SLEEVES**

TRY IT !!!

2 - 4 - OR 6 PEOPLE CARRY

USE THREE JACKETS - MORE IF VERY HEAVY PERSON

IT REALLY WORKS

TIP FROM THE "TEE PEE"

SCOUTS PERSONAL SURVIVAL KIT

EMPTY 5 LB. COFFEE CAN / LID
12" ALUMINUM FOIL
WHISTLE
MATCHES
CANDLE
COMPASS
3' STRING
PENCIL / PAPER
STRING SAW
FIRST AID KIT in
ZIP-LOCK BAG
MAGNIFYING GLASS
FLASHLIGHT
8' WIRE
SURVIVAL BLANKET
HEAT TABLET
CANDY BAR
SOUP TABLET
DENTAL FLOSS (FISHING LINE)
SAFETY PIN (HOOK)
METAL MIRROR ON ROPE
30' ROPE
6' DUCT TAPE



TIP FROM THE T3 P3

HOW TO KEEP YOUR MESS KIT SHINY

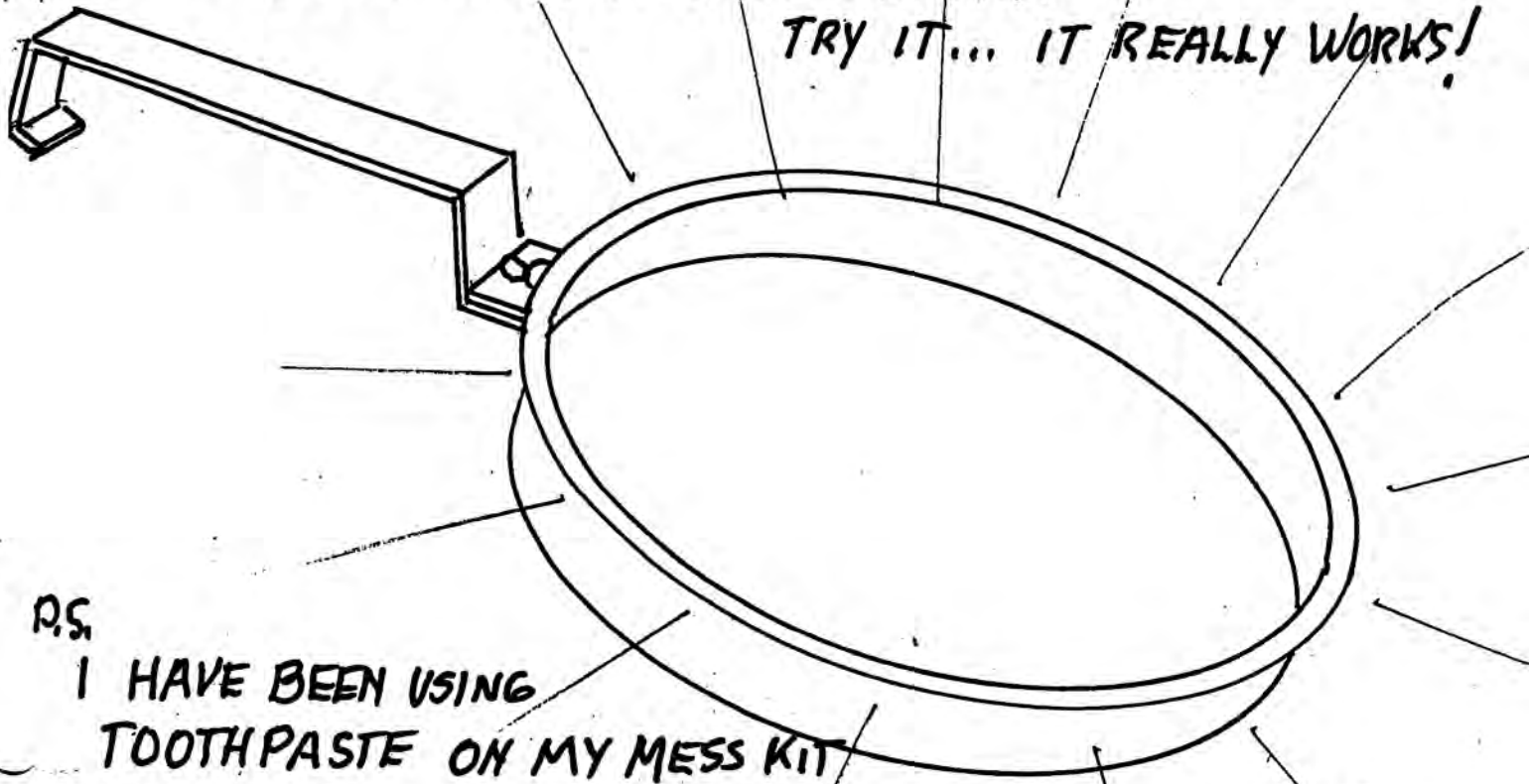


TOOTHPASTE ???

YEP, GOOD OLD TOOTHPASTE...

WHEN YOU ARE FINISHED COOKING, JUST RUB
SOME TOOTHPASTE ALL OVER YOUR MESS KIT.
IT HAS JUST ENOUGH ABRASIVE, AND IT WORKS
AS A SOAP TO WASH IT CLEAN!

TRY IT... IT REALLY WORKS!



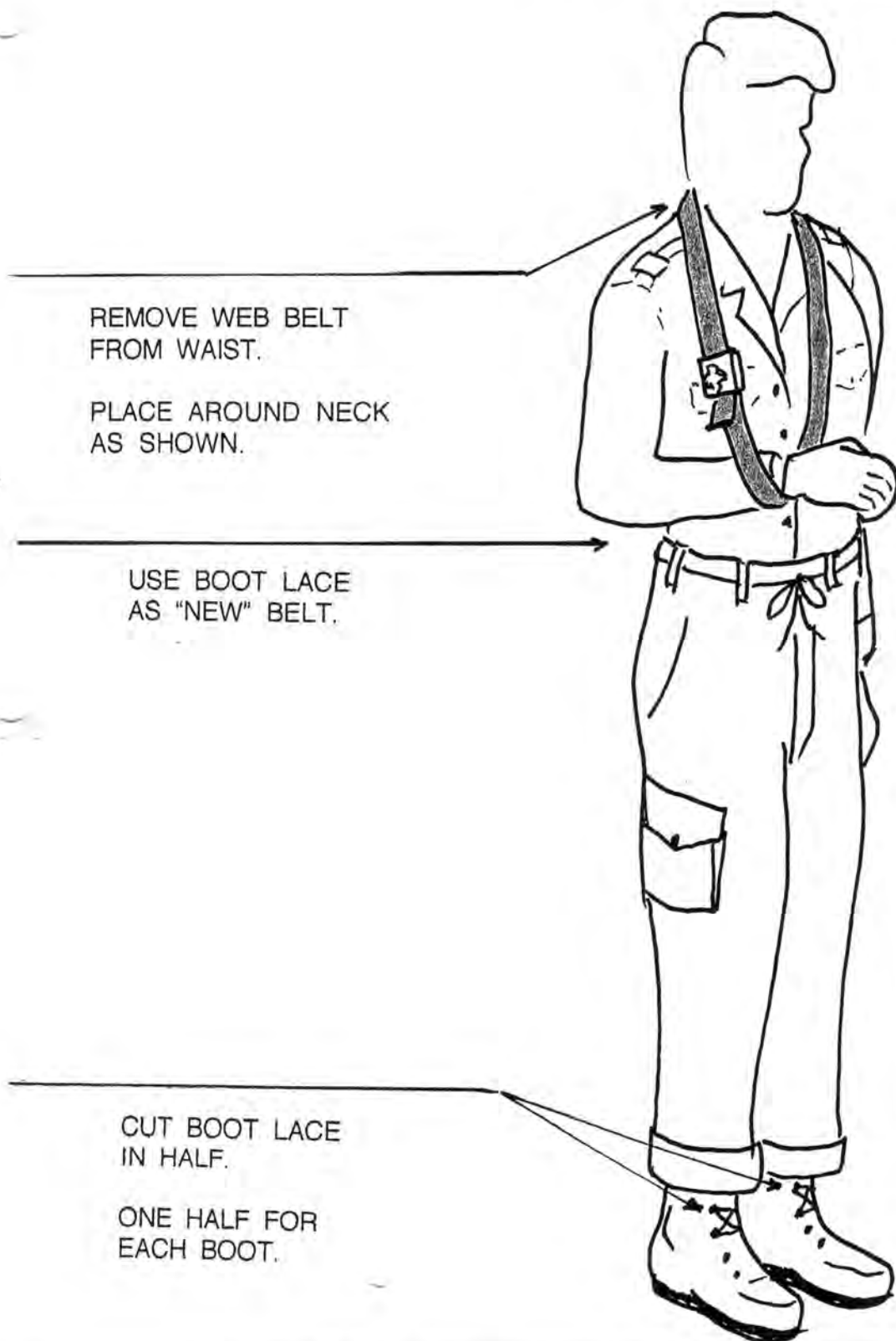
P.S.

I HAVE BEEN USING
TOOTHPASTE ON MY MESS KIT
FOR YEARS... AND IT HASN'T
GOT A CAVITY YET!! HA!

WOULD AN INDIAN LIE?

TIP FROM THE "TEE PEE"

WEB BELT AS TEMPORARY SLING



REMOVE WEB BELT
FROM WAIST.

PLACE AROUND NECK
AS SHOWN.

USE BOOT LACE
AS "NEW" BELT.

CUT BOOT LACE
IN HALF.

ONE HALF FOR
EACH BOOT.

NOTE FROM THE OLD INDIAN;
IT'S NOT A BAD IDEA TO CARRY AN EXTRA PAIR OF BOOT LACES.
THEY DON'T COST MUCH, AND THEY ARE LIGHT-WEIGHT.
AND THEY ARE VALUABLE---THEY HAVE MANY USE'S!!!

LEE WHITE

TIP FROM THE TEE PEE

Take care: Uptick in Lyme disease likely

Populations of the ticks that spread Lyme disease are expected to increase in the Northeast U.S. and spread out across the Midwest and South this summer, experts say. Lyme disease is also appearing in parts of Canada, Europe, and Asia. So if you venture off pavement into tall grass or the woods in infected zones, be sure to take precautions, even if you've had Lyme disease before. "It's not like chicken pox or measles, where you get it once and you can't get it again," says Phillip Baker, Ph.D., program officer for Lyme disease at the National Institute of Allergy and Infectious Diseases in Bethesda, Md.

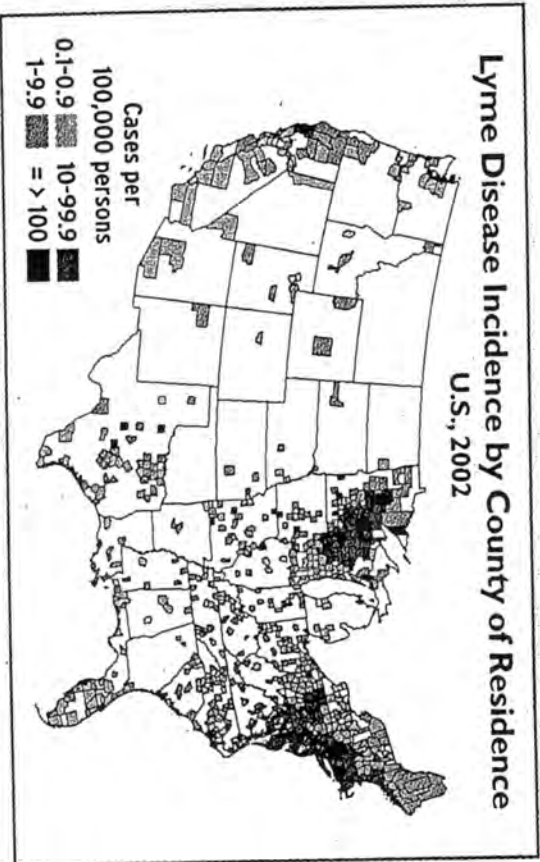
If diagnosed and treated promptly, Lyme disease can usually be cured with a course of antibiotics. A quick diagnosis may be difficult, however, since the disease has highly variable symptoms. About 20 percent of victims never develop the best-known early symptom, the bull's-eye rash. Other early symptoms can include headache, chills and fever, acute joint pain, and sore muscles.

A small number of patients who get the correct diagnosis and treatment can

have a recurrence of symptoms after a year or more. "It's hard to tell whether they're suffering from an old infection that wasn't cleared, one that's reactivated, or a new infection," Baker says. If tests reveal the bacterium, repeated courses of intravenous antibiotics might help such chronic Lyme disease patients. In some cases there are symptoms with no trace of the bacterium, possibly because the infection provoked an autoimmune response in which the body attacks its own tissues in the joints and nerves.

Prevention is best. Avoid tick bites by taking the following steps:

- Don't sit on logs or lean against trees, where ticks may be hiding.
- Keep backyards and recreation areas



as clear and dry as possible.

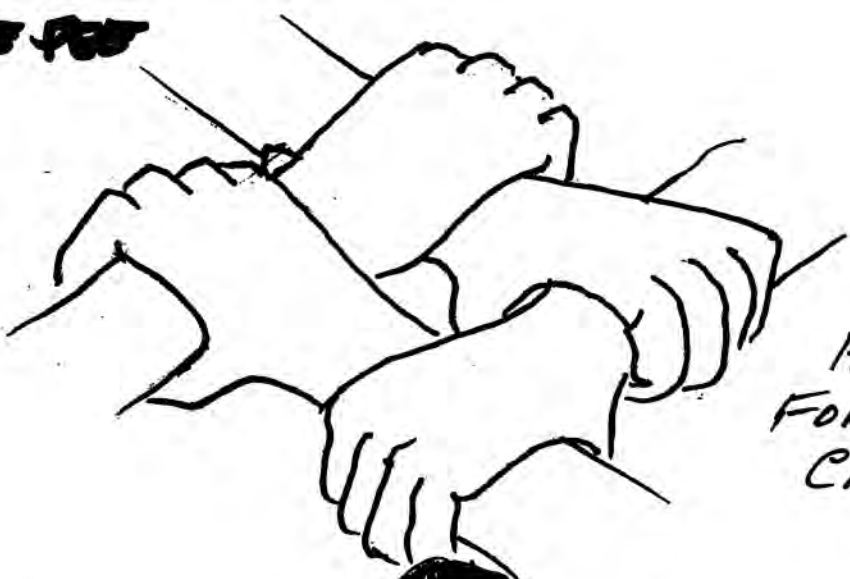
- Wear long pants and shoes in the woods. Tuck pant legs into your socks.
- Use deet-based insect repellents or spray clothes—never skin—with a permethrin insecticide.
- After a walk in the woods, and over the next few days, check your body and your pets for ticks. If you find one embedded, grasp it with tweezers close to the skin and slowly but firmly pull it off.

WOULD AN INDIAN LIE?

EX-OFFICIO (SULLY) OF F...
REPELLANT

TIP FROM THE TEE PEE

1 MAN CARRIES
"PIGGY BACK"



HANDS
FOR 2 MAN
CARRY

3 MAN
CARRY

